

Sal De Forte's Ristorante  
1400 Parkway Avenue  
Serenity Plaza  
Ewing, NJ 08628



609.406.0123  
FAX 609.406.0332  
www.SalDeFortesRistorante.com

## Lunch Menu

### ANTIPASTI CALDI - HOT APPETIZERS

- Fungiti Ripiena Con Granchio** - Stuffed Mushrooms with crabmeat - 8.95
- Arselle Casino** - Clams Casino - 9.95
- Pane Ripieno di Spinaci** - Spinach Bread - 7.95
- Pane Ripieno di Salsiccia** - Sausage Bread - 7.95
- Pane Con Aglio** - Garlic Bread - 3.95  
with creamy blue cheese - 6.95
- Bruschetta Bread** - Italian bread, seasoned and topped with plum tomatoes and mozzarella cheese - 6.95



### MINESTRA - SOUP

- Brodo Di Pollo & Pastina** - Chicken Soup - 4.00
- Pasta & Fagioli** - Italian Bean Soup with Tubetti - 4.00



### INSALATA - SALADS

- Chopped Antipasto** - 8.95
- Insalata Caesar** - Caesar Salad - 6.95  
with Grilled Chicken - 3.00  
with Shrimp - 4.00
- Mediterranean Salad** - shrimp & crabmeat served over romaine lettuce in a vinaigrette - 10.95
- Insalata Barbabietola** - Beet Salad served over field greens with walnuts & gorgonzola cheese in a raspberry vinaigrette - 8.95
- Asparagus & Artichoke Salad** - served over romaine lettuce with figs & raisins in a vinaigrette - 9.95



**\*\*All prices subject to change.\*\***

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## PESCE - SEAFOOD

**Broiled Filet of Sole** - 9.95

**Crab Crusted Tilapia** - 10.95

**Fruite De Mare** - clams, mussels, shrimp, scungilli & calamari served over linguine marinara sauce - 11.95



## POLLO - CHICKEN

**Pollo di Evelyn** - chicken scampi served over farfalle - 8.95

**Pollo di Angelica** - chicken, broccoli, mushrooms & sundried tomatoes served over butterfly pasta in a fresh herbed garlic white wine sauce - 8.95

**Pollo Alla Griglia** - char-broil chicken - 8.95

**Chicken Parmigiano** - 8.95

**Pollo Cacciatore** - chicken on the bone, red & white wine - 8.95

**Pollo di Jerusalem** - chicken, sautéed artichoke hearts, white wine & mushrooms - 9.95

**Upon Request - Chicken Francaise, Marsala, Picanti or Fra Diavolo** - 9.95



## VITELLO - VEAL

**Vitello Alla Italiano** - veal francaise topped with prosciutto, spinach, roasted pepper, mozzarella cheese, rosemary, garlic and wine sauce - 11.95

**Vitello Alla Capri** - veal topped with eggplant, prosciutto, mozzarella cheese and marinara sauce - 11.95

**Vitello & Peperoni** - veal & peppers - tender cubes of veal in a light tomato sauce - 9.95

**Veal Parmigiano** - 10.95



## MAIALE - MEAT

**Medaglioni di Maiale San Benito** - pork tenderloin topped with sundried tomatoes & swiss cheese madeira cream sauce - 9.95



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## **FARINACEI - PASTA\***

**Cannelloni** - homemade pasta stuffed with spinach, ricotta, mozzarella cheese & meat - 8.95

**Cavatelli Con Broccoli** - topped with oil, garlic, mushrooms & romano cheese - 8.95

**Cheese Ravioli** - 8.95

**Farfalle Con Spinaci** - butterfly pasta topped with spinach, mushrooms, white beans & sautéed with olive oil & garlic, topped with gorgonzola cheese - 8.95

**Farfalle Filetto Pomodoro** - butterfly pasta with plum tomatoes, prosciutto, onions & fresh basil - 8.95

**Fettuccini Alfredo Con Salsiccia** - fettuccini in a cream sauce with sausage - 9.95

**Gnocchi Con Spinaci** - marinara, spinach & gorgonzola cheese - 9.95

**Lasagna** - meat, ricotta & mozzarella - 8.95

**Linguine Con Vongole** - linguine with red or white clam sauce - 9.95

**Linguine Puttanesca** - prepared with black olives, mushrooms, anchovies & capers in a plum tomato sauce - 8.95

**Linguine with Meatballs** - 8.95

**Penne Con Broccoli Rabe & Salsiccia** - pencil points topped with broccoli rabe, sausage, oil, garlic & romano cheese - 9.95

**Rigatoni Con Salsiccia** - pasta with loose sausage, mushrooms, fontina cheese & fresh basil in a plum tomato sauce - 9.95

**Rigatoni Vodka** - prepared in a special Vodka pink cream sauce with prosciutto - 9.95

**Tortellini Carbonara** - meat filled pasta prepared in a cream sauce with bacon & onions - 9.95

**Eggplant Parmigiano** - stuffed with broccoli - 8.95

**\* add 2.00 for meatballs or sausage • 1/2 orders of pasta available as appetizers**

**Lunch Entrees Served with Salad & One Vegetable or Pasta Dinner**

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